



Check In

Connect with God honestly about where you are at



Reflect

"Review until" something pops to talk to God about



Share

Talk with God & others about what is now on your heart to do

Deuteronomy

Session 17 - Blessings & Curses

Check In

God is glad to connect with you. He wants to hear about how you are doing. Take a moment to notice your primary emotion of the day as a way to help yourself be fully present. Consider whether you are primarily sad, angry, scared, happy, tender, etc. Share with God that emotion. Write out: What are you thankful for? Ask him, "How does he feel about you?"

Reflect

Spend some time with the biblical texts and the resources below. Do so until something in particular pops out to you, you do not need to get through everything. Talk with God about what encourages, challenges, or confuses you.

Read Deuteronomy 28:1-68

Moses continues the framework for renewing the covenant with God. At the center of military and economic benefits is the centrality of fidelity to God as Rescuer and Ruler, their King of Kings. The state of blessing is not the stuff that they have, but the reality created by being in relationship with God. Conversely, the state of being cursed will be the reality of frustration and confusion created while living outside God's reign. Ultimately, if the people leave God in their hearts, then God will manifest that reality through the loss of land (leaving his "presence") and a conquering king (having another king).

Relationship - What stands out to you about being in relationship with God and our stewardship as his covenant people?

Revelation - What do you notice about the reality of God's world and ways?

Character - What do you learn about God as holy, and how, as his covenant people, we are invited to be like him?

Listen to The Lord of Spirits podcast on "[Blessings and Curses](#)"

Share

Be quiet for 3 minutes. What do you sense God is saying to you? How will you pursue being faithful with that this week? The community is blessed when we share out of our life experience, gifting, time with God, and reflection on scripture. We believe everyone contributes to teaching. What insight, question, or experience do you want to share with us?

Steps for Church Families of Prayerful Love:

- What are you thankful for? What challenges are happening in your life, family and community?
- What did you like/not like about the Scripture?
- What did you learn about God and people from the Scripture?
- What do you sense God inviting you to live out with him this week?
- Who do you know who needs to hear this?
- Ask God: How can I bless (body, labor, emotions, social, spiritual) those people who need this?